

## 2025 Monthly Land Trust Trail Hikes

*"Not all those who wander are lost."* Tolkien

The Bethany Land Trust is thrilled to invite you to join us for a series of monthly guided hikes in 2025. If you've ever wanted to walk some hiking trails in Bethany and are not too sure where to start or if you enjoy sharing your favorite trails in town, these hikes are for you.

This year, we'll walk both Land Trust preserves as well as town properties highlighting the unique features that make these open spaces very special places in town.



### National Poetry Month Hike

**Sunday April 13, 1-3 PM**

We will celebrate National Poetry Month with a hike in Mendell's Folly to introduce the Land Trust's Poetry in the Wild initiative. Jeanne LeVasseur, professor emeritus at Quinnipiac University and Vice President, Connecticut Poetry Society, will be our guide. We will be stopping at poetry trail kiosks along the path to listen to readings of nature themed poems.

### Early Morning Birding Adventure

**Sunday May 4, 8-10 AM**

Join us with your binoculars and spotting scopes for a morning walk in Mendell's Folly with guide, Christin Arnini, as we welcome back species returning from migration. Space limited to 10 hikers.

### Trails Day 2025: Complete the Northwest Loop Hike

**Sunday June 8, 1-4 PM**

To celebrate National Trails Day, we will hike along the second of Land Trust's loop trails. The Northwest Loop winds through the Land Trust Preserves, town properties, and the Naugatuck State Forest in the northwest section of Bethany. This one will be challenging.



Co-sponsored with Bethany Conservation Commission

### Kids and Family BioBlitz

**Sunday July 6, 1-3 PM**

During our BioBlitz, we will be surveying plants and animals that inhabit both the stream and nearby forest. It's a hands-on way to engage with nature and learn about local biodiversity with our guides, Ali Beres-Nork

and Grace Kenney. This event is kid-friendly, but please note that it involves a short 0.3-mile hike to the survey site in Whispering Pines.

### Geology Hike

**Sunday August 3, 1-3 PM**

Come explore some of the unique geological features found in the Three Sisters Preserve.

### Magic of Wetlands Hike

**Sunday September 7, 1-3 PM**

Learn with our Guide, Ali Beres-Nork, how wetlands sustain a huge number of plant and animal species, improve water quality, reduce erosion and flooding, and help moderate the effects of climate change.



### Simpson Preserve and Veterans Memorial Park Hike

**Sunday October 5, 1-3 PM**

Join us for a walk along the trails in Veterans Memorial Park and in the Town's newly acquired Simpson Preserve.

Co-sponsored with Bethany Conservation Commission

### November Super Moon Evening Hike

**Sunday November 2, 6-8 PM**

Enjoy this moonlit, evening walk in the Van Epps Preserve just days before the November super moon.

- **Details for registration, directions and parking for each hike will be posted on Land Trust website, Facebook page. Newsletter and listed in the Bethany Bulletin.**
- **All welcome but space limited to 25 unless noted**
- **Keep your pets at home.**
- **Inclement weather cancels.**
- **For more information and registration please contact Bob Harrison via cell 203-506-5888 or by email at [bjh51box@gmail.com](mailto:bjh51box@gmail.com).**

