

# Lake Chamberlain

## Regional Water Authority Permit Required

The Greenway Connection Trail is a link to the Woodbridge Greenway and enters the site on Route 63 at the north end and Dillon Road at the south end. The trail follows and then crosses Sperry Road (closed to through traffic each winter). Before climbing southeast to Dillon Road, the trail traverses a small stream on the old Woodbridge Glen Road.

The Stony Loam Trail starts at the west end of the Lake Chamberlain Dam and connects Chamberlain's trail system to the Woodbridge Greenway. The trail is named for the dominant soil type in the area.

The Old Field Trail offers sightings of small animals, like chipmunks and red squirrels, that make their homes in the stone walls once used for farming. The Sargent River Loop is named for the Sargent River that feeds into the Lake Chamberlain reservoir. The trail passes through a wide range of forest types, including a larch plantation, hardwood swamp, and transition hardwoods. Club moss or ground pine (an evergreen plant about six inches tall) is abundant. These club mosses have been around for 300 million years. Some now extinct species once grew as big as trees.

The Eric Stone Trail offers some beautiful views of Lake Chamberlain. In the spring and summer look for bluebirds that nest in this area. Bluebirds are enjoying a comeback in Connecticut, thanks to many bluebird houses put up by volunteers. As farmland and hollow fence posts have disappeared, bluebirds have become dependent on these special houses for nesting sites.

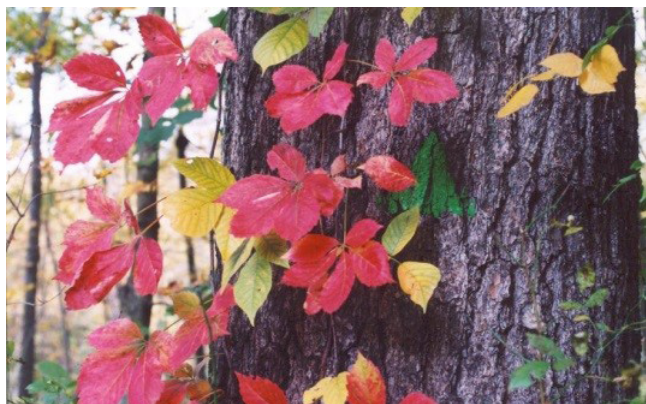


Photo by RWA Photo Contest Winner Alec Blakey

### Trail Description:

#### Wide Range of Trail Difficulties

A Regional Water Authority (RWA) Recreation Area. The West River and its tributary, the Sargent River, flow through the valley west of West Rock Ridge. Five reservoirs were created between 1889 and 1925 on these rivers to form the West River water supply system. Originally constructed in 1890, Lake Chamberlain was enlarged in 1958 to over five times its original size.

Total trail distance is approx. 7.5 miles

### Directions and Parking:

Lake Chamberlain's gated entrance and parking area is off Sperry Road. Take Litchfield Turnpike (Route 69) to Morris Road and a left onto Sperry Road.

### Permitted/Prohibited Activities:

This site is for passive use only. No mechanized vehicles. Hiking only. State fishing license is required for shore fishing. Wading and swimming are prohibited. Dogs are not permitted. Horses are permitted on certain trails with a permit from the Bethany Horsemen's Association.



Photo by RWA Photo Contest Winner

**Total Trails Length:** Approx. 7.5 miles. Wide Range of Trail Difficulties

**Blue/Yellow Trail:** 2.45 miles.

**Red (Cabin Trail):** 0.39 miles.

**Purple (Old Field Trail):** 0.56 miles.

**Purple (Stony Loam Trail):** 0.52 miles.

**Green (Sargent River Trail):** 1.16 miles.

**Blue (Sperry Road - N. Trail):** 0.35 miles.

**Orange (Sperry Road - S. Trail):** 0.16 miles.

**Green (Old Mill Road - N. Trail):** 0.09 miles.

**Red (Old Mill Road - S. Trail):** 0.24 miles.

**White (Eric L. Stone Trail):** 2.32 miles.

**White Trail:** 0.50 miles.

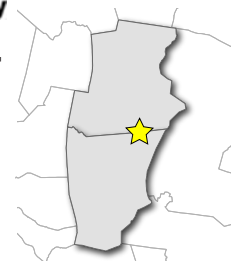


**Claire C. Bennett  
Recreation  
Program**  
Regional Water Authority

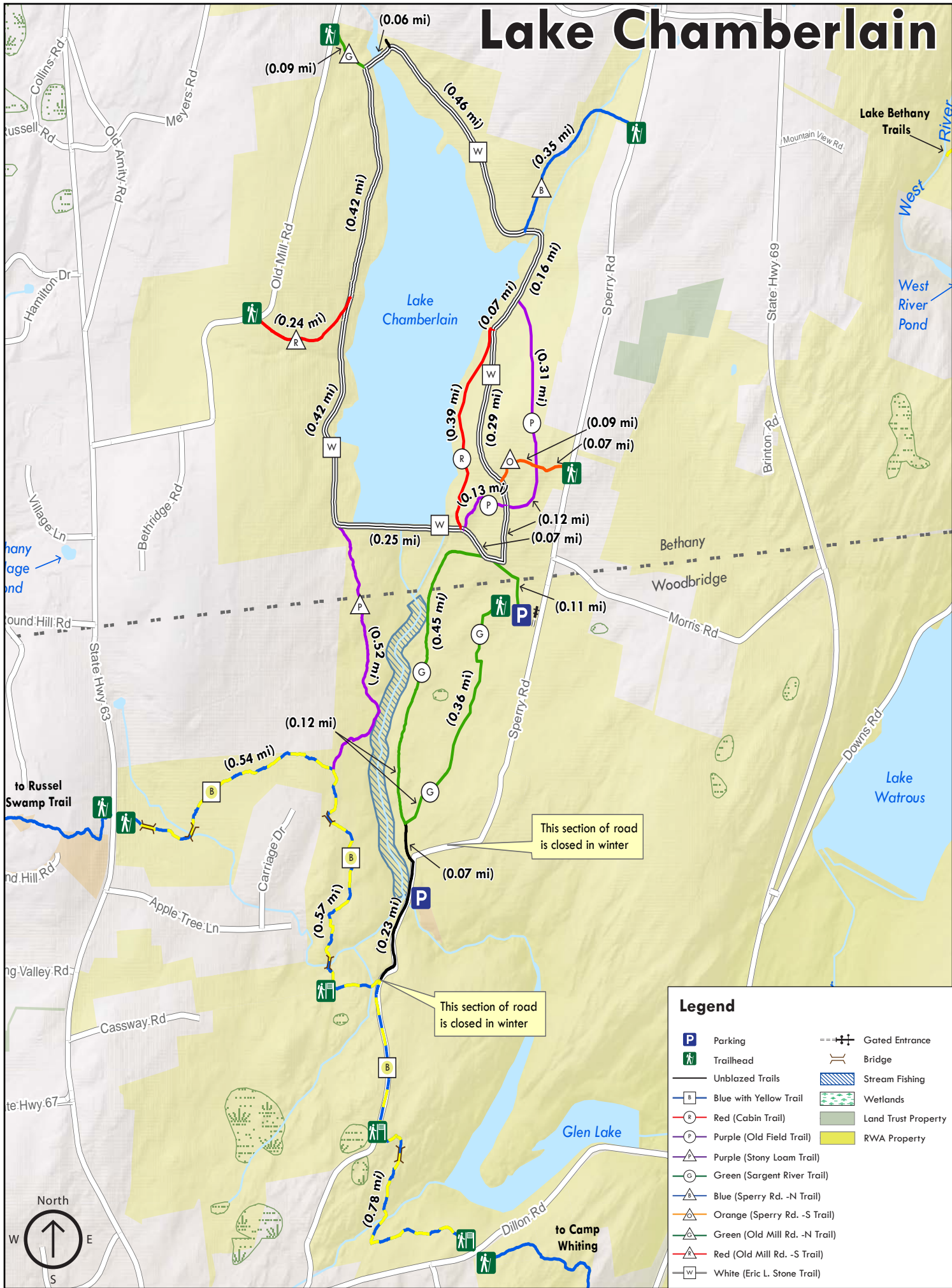
**For more information about this location, contact:**

Regional Water Authority  
Recreation Department  
(203) 401-2654

[www.rwater.com/recreation](http://www.rwater.com/recreation)



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Legend			
	Parking		Gated Entrance
	Trailhead		Bridge
	Unblazed Trails		Stream Fishing
	Blue with Yellow Trail		Wetlands
	Red (Cabin Trail)		Land Trust Property
	Purple (Old Field Trail)		RWA Property
	Purple (Stony Loam Trail)		
	Green (Sargent River Trail)		
	Blue (Sperry Rd. -N Trail)		
	Orange (Sperry Rd. -S Trail)		
	Green (Old Mill Rd. -N Trail)		
	Red (Old Mill Rd. -S Trail)		
	White (Eric L. Stone Trail)		

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